

# TEAM TENNIS



Team Tennis is a fun alternative to traditional tennis and is a light-hearted, mildly competitive event focussing on social interaction, teamwork and individual achievement.

It comprises various mini games that promote fun and enjoyment, without competition being important. These sessions bring people together and develop friendships.

Team Tennis is open to anyone who can move, swing a tennis racquet and hit a tennis ball occasionally in order to enjoy the activity.

The social interaction, relaxed format and friendly competitive element to the games appeals to men and women alike.

Free entry. Tennis balls and racquets are supplied.

Location : Tennis courts on Marine Parade, Gorleston

2 sessions:: **1000 - 1130** and **1145 - 1315 Wednesdays**

Bookings : Email: [mike@tennis4all.uk](mailto:mike@tennis4all.uk)



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