

Strange
FASCINATION

TREASURE ISLAND

Henderson
Trust

Panto in the Park.
Friday 27th August
Henderson Park
2:30pm - 4pm
FREE

Places must be booked in advance

To book email scott.porter@henderson-norwich.org or call Scott on 01603 251766

Henderson
Trust

→ Hello
SUMMER ←

10 - 16 year old
activities



We Are Back!#

Join us this summer for a host of activities at the Cadge Road Community Centre. Throughout the summer holidays we will be organising a range of active events for 10 to 16 year olds in the local area. All activities, apart from the day trips, will take place at Cadge Road Community Centre and include **free, healthy lunches provided every day**. All day trips will also include **free transport to and from locations**.

All events will be subject to government guidelines regarding COVID-19. However, other measures may be in place for your safety.

There are **limited spaces each day, so make sure to book your places in advance**. If you'd like a space on any of our activities, please fill in the booking form and consent form and post them to:

Henderson Trust, Henderson Business Centre, 51 Ivy Road,
Norwich, Norfolk, NR5 8BF

Or scan and e-mail them to:

becky.hart@henderson-norwich.org

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Contact Details

If you need to contact us on the day, or to cancel a space on one of the activities, please get in touch with us as soon as possible.

E-mail: becky.hart@henderson.norwich.org

Mobile: 07535 476004

COVID-19#

If anyone in your booking party has tested positive for COVID-19 or has any of the following symptoms you will not be permitted to attend any of the day trips or activities.

- **A high temperature:** this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **A new, continuous cough:** this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **A loss or change to your sense of smell or taste:** this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you are attending any summer event, please make sure that you have:

- Been symptom free for ten days
- Had at least ten days pass since your last positive COVID-19 test result

To ensure the safety of everyone attending day trips, we require that all attendees wear a mask when travelling on minibuses at all times unless they are exempt.

Who Can Take Part

Due to the funding we have received, activities are free to all young people aged 10 to 16, but priority will be given to those who are eligible for free school meals.

Thank you to our funders!

With the help of our funders, we have been able to give all attendees free, healthy lunches as well as free travel for all day trips.

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Big Norfolk Holiday Fun Programme

The Big Norfolk Holiday Fun programme is funded by the Department for Education. The scheme is being run by Norfolk County Council, in partnership with Active Norfolk.

The Garage Activities

The three week course run by The Garage is funded by Norwich Opportunity Area and Norwich City Council and is open to all young people aged ten to sixteen.



The Garage

Drama, music and Dance Activities#

Throughout the summer months, The Garage will be at Cadge Road Community Centre providing workshops to fine tune your drama, music, dance and performance skills. There will also be two trips down to The Garage with **free transport and lunches provided**. At the end of the workshops, there will be a final performance to show off everything you've learned over the three week course! Not only will you be learning new skills, your hard work will also lead to an Arts Award. This is **limited to just 20 places**, so make sure you book early, we will also hold a reserve list. All attendees will be put into a draw with a **chance to win a £25 voucher**.



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Monday August 2nd

Day one will be an introduction to this eight day course learning about the importance of communication and teamwork. The afternoon will be dedicated to dance.



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Tuesday August 3rd

Day two will start with Paul T teaching basic rhythm and will be followed by a session on character development.

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Monday August 9th

Start the week off with street dance led by Vicky in the morning and song writing skills in the afternoon!



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Tuesday August 10th

Make your own stories with Sam and Tom in the morning and end the day with Vicky's final street dance session.

Treasure Hunt @ Cromer Beach

Thursday August 26th @ 13:00 - 17:00

Ah ha me hearties! Come and have fun hunting for treasure and taking in the beautiful Norfolk coast. A two-hour treasure hunt with maps provided to help you along the way.



We'll stop for a picnic lunch half way through.

This is a 1.8 mile walk, no piggy backs provided. This session has **fourteen spaces available**.

Crazy Golf @ Eaton Park

Tuesday August 31st @ 10:00 - 14:00

What's better than golf? CRAZY GOLF! Come along to Eaton Park and putt your way to glory. When we're done, we'll have a fresh, healthy lunch in the park. This session has **fourteen spaces available**.



Important

All events will comply with the relevant government guidelines regarding COVID-19. However, other measures may be in place for your safety. If you have tested positive for COVID-19 or had symptoms within the last 10 days you will not be permitted to attend.

All taxis will pick up from Cadge Road Community Centre, times to be confirmed. Travel costs to and from locations will be free. Additionally, all attendees will be provided with a free, healthy lunch.

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Day Trips

We've got a whole heap of fun days out and activities planned for you this summer and all for free, be sure to book in for them! At each session **we will provide a free healthy lunch or picnic**. If the weather is bad we'll return to Cadge and have our lunch there. **Transport on all trips will also be free.**

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Tubing @ Norfolk Snowsports Club, Trowse

Monday August 23rd @ 11:00 - 15:00

Feel the excitement of speeding down the slope from the comfort of an inflatable tube, no experience necessary! **Please be sure to fully cover your arms and legs and have full fingered gloves on**, otherwise you won't be allowed on the slopes. Shorts are not allowed! When we've finished tubing, we'll sit down for a picnic together. This session has **fourteen spaces available**.



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Climbing Wall @ UEA

Tuesday August 24th @ 10:00 - 14:00

How high can you get? Have a go at the UEA climbing wall. There will be a fully qualified instructor to help you get as high as you dare. When we're done climbing we'll head over to Earlham Park for a picnic. This session has **fourteen spaces available**.



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**FREE TRAVEL
PROVIDED!**

Friday August 13th @ The Garage

The whole day will be dedicated to creating the perfect song from start to finish with Paul. **Taxis will be provided.**

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Monday August 16th

Join Grace all day on Monday for musical theatre practice!

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Tuesday August 17th

The penultimate session of this course will be spent with Vicky, Sophia and Sam planning the final performance on Friday.

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Friday August 20th @ The Garage

The final day of the three week course will give you one last time to rehearse ahead of your final performance in the afternoon. **Taxis will be provided.**

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Important

All events with The Garage take place from 10:00AM until 16:00PM every day. A healthy lunch will be provided each day for all attendees, free of charge.

The Garage events are a three week course with an Arts Award handed out on the final day. **This is an eight session course, please make sure you can attend all events before signing up**

There will also be a performance at Cadge Road, date to be confirmed.

To book, please contact Becky Hart:

E-mail: becky.hart@henderson-norwich.org

Tel: 07535 476004



**CHANCE TO
WIN A £25
VOUCHER!**

Youth Hub Events

Cadge Road Community Centre#

Join us at Cadge Road Community Centre throughout the summer holidays for a series of events and activities to keep you moving. **Free food and refreshments will be provided at each session.** As each session has limited numbers, we will be holding a reserve list and will text or call you to remind you of your booking. Please let us know as soon as possible if you're unable to attend so spaces can be offered to someone else.

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Youth Café

Tuesday July 27th @ 10:00 - 14:00

Thursday July 29th @ 13:00 - 17:00

Celebrate the first week of summer by hanging out with your friends at the community centre that's fully equipped with a Nintendo Switch and PS4. These sessions are **limited to ten people.**



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Kite Making

Wednesday August 4th @ 13:30 - 17:30

Is it a bird? Is it a plane? No it's your home made kite. Come down to learn how to make a kite and then watch them soar as we fly them. This session has **fourteen spaces available.**



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Diablo

Wednesday August 11th @ 13:30 - 17:30

Spend the afternoon learning to juggle a diablo, it's fun and easy—you'll be a pro in no time. You can even take the diablo home with you at the end of the day. This session has **fourteen spaces available.**



Assault Course

Thursday August 12th @ 13:00 - 17:00

As simple as a hop, skip and jump! Come and challenge yourself on our assault course at Cadge Road! This session has **fourteen spaces available.**



Graffiti

Wednesday August 18th @ 13:30 - 17:30

Wednesday August 25th @ 13:30 - 17:30

Graffiti artist Knapple will be joining us for two days to teach us how to spray paint our graffiti wall. This session has **fourteen spaces available.**



Sports Day

Thursday August 19th @ 13:00 - 17:00

Ready, set, go! We've got plenty of events for you to take part in at our summer sports day. This session has **fourteen spaces available.**



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